

AGREEMENT, WAIVER AND RELEASE

I, the undersigned, agree to play for the above named team in accordance with all rules and regulations. In consideration for being permitted by the Fulton-El Camino Recreation and Park District to participate in the above activity, I hereby waive, release and discharge any and all claims for damages for personal injury, death or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is included to discharge in advance the Fulton-El Camino Recreation and Park District, its officers, officials employees and volunteers from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents, and knowing these risks, I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and hold the above persons and entities free and harmless from any loss, liability, damage, cost or expense which they may incur as the result of my death or injury or property damage that I sustain while participating in said activity.

I further understand that a player who plays under an assumed name, or misrepresents their eligibility status may be barred for the remainder of the season, including post season play. Any manager (registered or acting) who plays or signs an illegal or non contracted player, may be removed from the league and a new manager shall be found among the team's remaining eligible players.

ADULT SPORTS PLAYER CODE OF CONDUCT

The following player rules of conduct have been established by the Fulton-El Camino Recreation and Park District. Any person(s) involved in the following offenses will be penalized. The length of the penalty will be determined by the severity of the offense.

- No Player Shall: At any time push, shove or threaten another player, spectator or staff member .
Minimum Penalty: Removal from game and premises; one game suspension; one year probation..
Maximum Penalty: Ten year suspension from all District sponsored programs.
- No Player Shall: Be guilty of a physical attack (striking or punching) as an aggressor upon any District staff member, umpire, player or spectator.
Minimum Penalty: Three month suspension and one year probation.
Maximum Penalty: Ten year suspension from all District sponsored programs.
- No Player Shall: Discuss the decision of any matter reached by an official, except the manager/captain.
Refuse to abide by an umpire or District staffs' decision.
Minimum Penalty: Warning by the umpire or District staff member.
Maximum Penalty: One year suspension and one year probation from all District sponsored programs.
- No Player Shall: Be guilty of using unnecessary rough tactics in the play of a RECREATIONAL game against the body or person of another player. Be guilty of taunting or degrading anyone.
Be guilty of an abusive verbal attack upon any player, umpire or spectator.
Minimum Penalty: Removal from game & three months probation.
Maximum Penalty: One year suspension and one year probation from all District sponsored programs .
- No Player Shall: Be guilty of discussing his/her personal opinion of any player, spectator, umpire, District staff, play or decision publicly with spectators in a derogatory manner.
Use language that is offensive and/or contains profanity.
Minimum Penalty: Warning by officials or District Staff
Maximum Penalty: One game suspension and three month probation.
- No Player Shall: Appear on the field under the influence of drugs or alcohol which may result in the safety of himself/herself, umpires or other players.
Follow an umpire off the field in a threatening manner.
Minimum Penalty: Removal from game and three month probation.
Maximum Penalty: One year suspension and one year probation.
- No Player Shall : Participate in the program with a financial debt outstanding to the league. Rostered players can also be affected.
Minimum Penalty: Suspension from all District Sponsored Programs.
Maximum Penalty: Suspension from all Greater Sacramento Softball Association (GSSA) Leagues.

CONTRACT OF UNDERSTANDING

- Any individual suspended has the right to appeal.
- Individuals violating more than one code infraction can be assessed a combination of all.

FULTON-EL CAMINO RECREATION AND PARK DISTRICT
Adult Sports roster, agreement, waiver & release

SPORT: ADULT FLAG FOOTBALL

FALL 2009

TEAM NAME: _____ MANAGER: _____
 MAILING ADDRESS: _____ CITY: _____ ZIP: _____
 DAY PHONE: _____ CELL PHONE: _____ NIGHT PHONE: _____

I have carefully read this agreement, waiver & release & the adult Player Code of Conduct located on the back of this form & fully understand its contents. I am aware that this is a release of liability and a contract between me and The Fulton-El Camino Recreation & Park District & sign it of my free will.

| NAME (PRINT) SIGNATURE | ADDRESS (including zip code) HOME / WORK PHONE NUMBERS | BIRTHDATE AGE |
|---------------------------|---|------------------|
| 1. | Address: | |
| | Phone: | |
| 2. | Address: | |
| | Phone: | |
| 3. | Address: | |
| | Phone: | |
| 4. | Address: | |
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